

# HMP-EM150 User Instruction

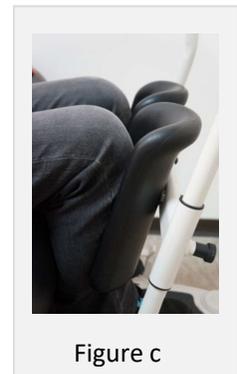
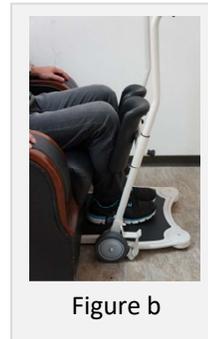
## 1. Using the HMP-EM150 EZ-Mover to rise to a standing position:

1-1 Position the EZ-Mover at the feet of the seated user.

Allow the user to place their feet on the platform, [figure a](#).



1-2 Slide the EZ-Mover further towards the user such that the knee pads touch their shins, [figure b](#).



1-3 Position the knee supports such that the top of the pads sits just below the knees of the user, [figure c](#).

1-4 Lock the brakes by stepping down firmly on the brake lever, [figure d](#).



1-5 Carer stands behind the mover, facing the user, with one foot on the platform and hold the handles, [figure e](#).

1-6 Counterbalance the mover whilst the user uses the horizontal bars to support themselves as they rise, [figures f & g](#).  
Ensure the user takes care to avoid bumping their head against the handle.



1-7 Once the user is standing, [figure h](#), check they are comfortable and that their weight is centred over the platform.



## 2. Using the EM150 EZ-Mover to transfer a user over short distances:

Always plan the route and test the movement of the EZ-Mover on the surfaces to be traversed prior to use.

We strongly recommend the user wears the optional EZ-Belt when using the mover for transfers over distances around 1 to 2 meters.

2-1 Unlock the brakes by pushing forward on the brake lever, [figure i](#).



2-2 Manipulate the user to the required position by pushing or pulling the mover with the handle, [figure j](#).



2-3 When the new destination is reached, lock the brakes by stepping down on the brake lever, [figure d](#).

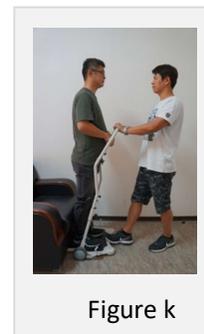


## 3. Using the EM150EZ-Mover to lower to a seated position:

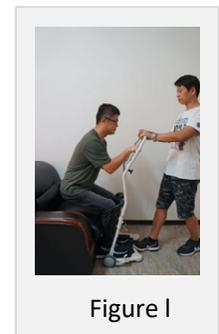
The user should be able to feel the edge of the seat etc. against the back of their legs.

Ensure the brakes are locked before allowing the user to lower.

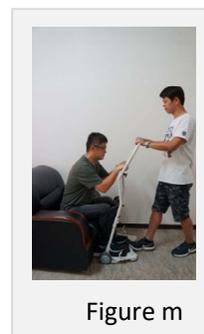
3-1 Stand behind the mover, facing the user, with one foot on the platform and hold the handles, [figure k](#).



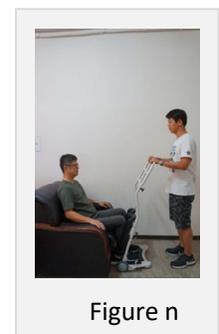
3-2 Counterbalance the mover whilst the user uses the handles to support themselves as they lower, [figures l & m](#).



3-3 Once the user is seated, unlock the brakes by pushing forward the brake lever, [figure i](#).



3-4 Wheel the mover out of the way of the seated user, [figure n](#).



**4. Using the EZ-Belt TS30500 when rising or lowering:**

4-1 Position the mover in front of the seated user,  
see Section 1-1 ~ 1-5.

4-2 Attach one of the straps to the mover by looping  
over the button on the handle frame, figure o.

4-3 Pass the belt around the user, figure p.

4-4 Place one foot on the mover and hold the handle  
to counterbalance the mover.

4-5 Slide the other strap to pull the user to a standing  
position and secure it by looping over the handle  
frame, figure q, r, s.

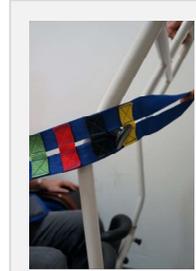


Figure o

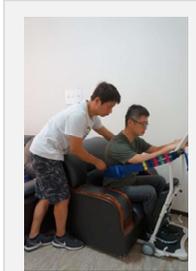


Figure p



Figure q



Figure r



Figure s